### PRESS RELEASE

#### NM083:LIFE SAVINGS - THE REMOTE



FORMAT: LP (black vinyl / limited to 150 copies) / DIGITAL

RELEASE: 27 NOVEMBER 2020

In the musical vein of earlier releases by bands such as Katadreuffe, Gone Bald and Boutros Bubba, Narrominded presents *The Remote* from Life Savings. After releasing the EP *Endings* in 2014, the rock trio from The Hague (NL) took their time to further develop their songs and sound, resulting in an album that is equally heavy as it is sentimental.

### The Remote

For the album the band felt confident to self produce. Their aim was to create a dense yet crystal clear album that grabs and moves its listeners while leaving little room to breathe.

After scouting locations, Studio Moskou in Utrecht was selected for its large, great sounding live room for tracking drums and the ability to record the entire band simultaneously. Basic tracks were recorded by Silvia Vermeulen (Spinvis / Toner Low) over the course of a five-day session in March 2018, with additional sessions for overdubs and vocals following later that year. Work on the album was completed transatlantically with Scott Evans (Kowloon Walled City / Yowie) handling mixing duties and Carl Saff taking care of mastering.

## Life Savings

Although Life Savings is in many ways still a noise rock trio, The Remote incorporates modern heavy rock influences. The songs on *The Remote* are about detachment, as are basically all Life Savings songs.

Timothy - Drums (also plays drums in Katadreuffe)
Gabry - Guitar / Vocals (also plays drums in Burnout Boys and The Union Ares)
Nick - Bass (also plays drums, listening to his favorite bands.....alone, when nobody's watching.....imagining a drum kit)

# Narrominded

Narrominded is a Dutch record label. Since 2000 we release music on vinyl, cd, Bandcamp and all other digital platforms via our digital distributor The State 51 Conspiracy by bands like Katadreuffe, Life Savings, Boutros Bubba, Rooie Waas, Fine China Superbone, Peal, Makazoruki and Gone Bald, electro-acoustic artists like Spoelstra, Glice, Coen Oscar Polack, Puin + Hoop, Machinist and Matto Frank, and electronic artists like Garçon Taupe, Hunter Complex, Hydrus, Legowelt and Kettel. narrominded.com / music@narrominded.com