

PRESS RELEASE

Narrominded: www.narrominded.com music @ narrominded.com

NM031 Coen Oscar Polack & Herman Wilken – The Language of Mountains is Rain (free mp3 download / limited cd)

NM036 Coen Oscar Polack - Geluiden uit De Blauwe Kamer (free mp3 download/ limited cd)

NM037 Coen Oscar Polack - The Skipping Monk: Recordings of Nature and Culture in India (free mp3 download/ limited cd)

Narrominded presents three new releases by Coen Oscar Polack. This exciting triptych takes you on a journey from a sultry nature reserve in the Dutch province of Utrecht to the rain soaked mountain slopes of Northeast India. These three cd's have in common that they are all based on field recordings. On *The Language of Mountains Is Rain* Polack, together with Herman Wilken (half of electronica duo Hydrus) works these recordings into a musical context. *Geluiden uit De Blauwe Kamer* is a recording of a performance/installation in a nature reserve and *The Skipping Monk* is a collage of recordings of nature and culture that Polack made in India.

COEN OSCAR POLACK

Coen Oscar Polack is one of four people behind the Narrominded label. His musical career started in Psychon Troopers (later known as Psychon) and since 2002 he makes electronic music with Lars Meijer as Living Ornaments (with releases on Narrominded, Skam and Scarcelight). He performs regularly as a solo musician using field recordings, saxophone and electronics. In 2007 Narrominded released his first solo effort *Psychic Investigations*.

HERMAN WILKEN

During his studies at the Sonology department of the Royal Conservatory in The Hague, Herman Wilken started the group Hydrus together with his then-classmate Almer Lücke. He is a member of the post-rock group Fire Walk With Me. Narrominded released three Hydrus records: Split LP #2 (b/w Kettel), the EP *Postcards* and the wonderful album *Interleaves*.

NM031 - THE LANGUAGE OF MOUNTAINS IS RAIN

For *The Language of Mountains Is Rain* Wilken and Polack made two long improvisations based on field recordings and custom-built software. They started working together after they were programmed to do a performance together at Amsterdam's Zaal 100. The result is an intriguing game of frequencies in which music and noise fight for higher ground.

NM036 - GELUIDEN UIT DE BLAUWE KAMER

Commissioned by Utrechts Landschap, Coen Oscar Polack recorded sounds in the Dutch nature reserve De Blauwe Kamer (translates literally as *The Blue Room*). He worked the sounds into a performance/installation for the occasion of the opening of a new visitor's centre for the area. *Geluiden uit De Blauwe Kamer* is a summary of this event. However based on real-life sounds from the area, the cd is an artificial soundscape of an intensity rarely heard in Dutch nature.

NM037 - THE SKIPPING MONK

In October and November 2008 Polack spent six weeks in India. The 22 chunks of sound on *The Skipping Monk* are recordings he made at various sites on the subcontinent. In the serene surroundings of the eastern Himalayas, but also in the swirling madness of metropolitan Kolkata and Mumbai Polack recorded entrancing rituals, faltering electronics and bustling nature.

Artwork of these three releases and photos of the artists can be downloaded from www.narrominded.com

NARROMINDED

Narrominded is a Dutch music label that releases records and mp3's through shops, mail orders and internet. In 2000, we started out with cd-r's but since then we have released vinyl, cd's, free mp3's and more by rock bands such as Boutros Bubba, Katadreuffe, Makazoruki and Gone Bald, and electronic and electroacoustic music by artists such as Hydrus, Psychon, Coen Oscar Polack and Living Ornaments. In 2003 we released the first installment of our Split LP Series. Contributors until now are Living Ornaments, Accelera Deck, Kettel, Hydrus, Cor Fuhler and Mats Gustafsson. Also to be released in 2009: new albums by Living Ornaments, Psychon, Hunter Complex, Fine China Superbone, a new Retro Retry project (fourteen electronic musicians from the Netherlands covering Brian Eno's *Another Green World*) and a fourth installment in the Split LP Series.